



# MENTAL HEALTH OF STAFF IN THE AMBULANCE SERVICE

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LEAD PARAMEDIC

SOUTH WESTERN AMBULANCE NHS FOUNDATION TRUST



# UNDER PRESSURE

Highest sickness rates.

High risk of mental

Health illness.

Rising suicide rates.



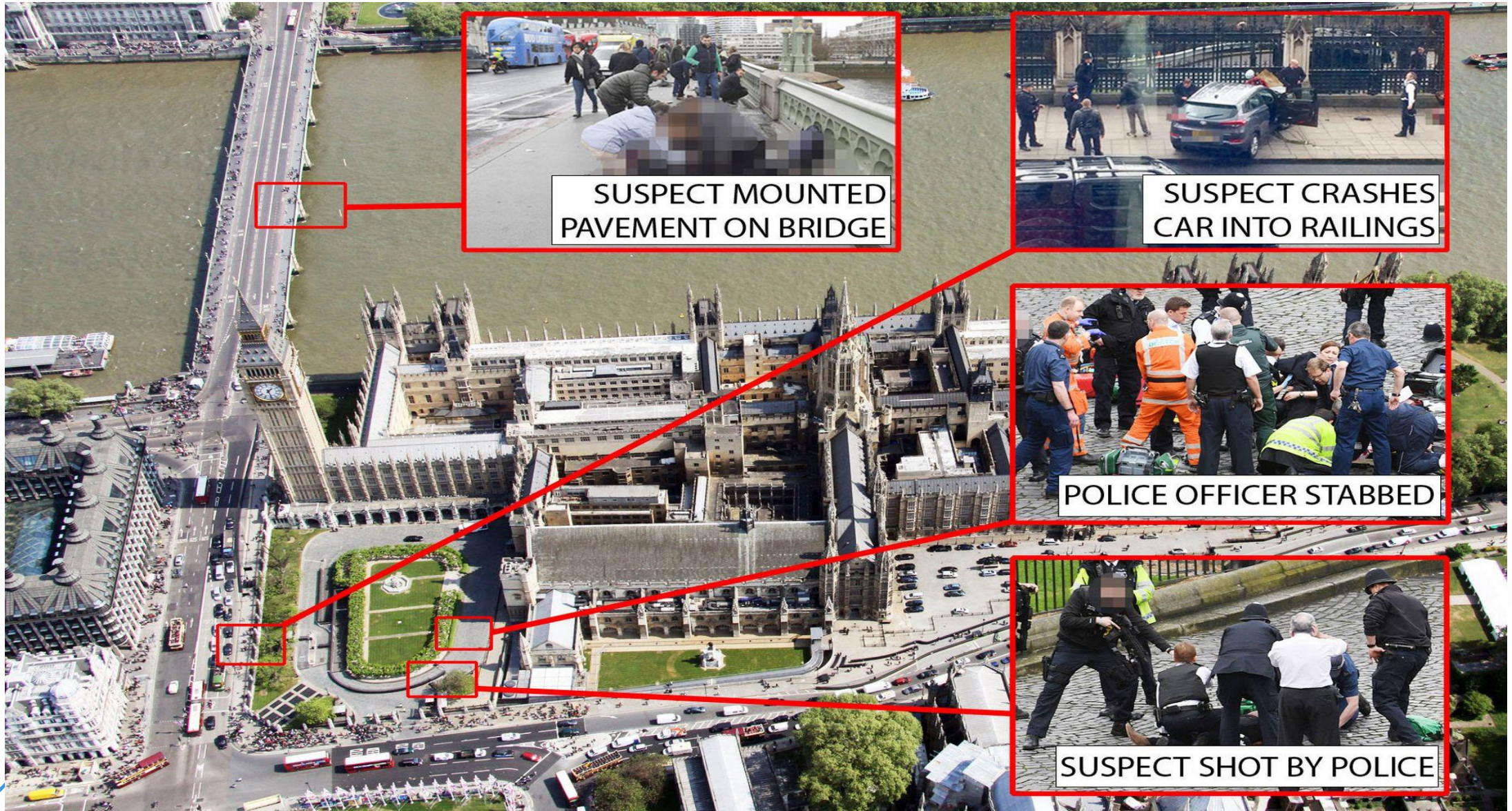


# ACCUMULATIVE DAMAGE AND SUDDEN EXPOSURE





**Richard Webb-Stevens – HEMS Paramedic, London. Terrorist Attack – Westminster Bridge**  
**Wednesday 22<sup>nd</sup> March 2017**



SUSPECT MOUNTED  
PAVEMENT ON BRIDGE

SUSPECT CRASHES  
CAR INTO RAILINGS

POLICE OFFICER STABBED

SUSPECT SHOT BY POLICE













# MENTAL HEALTH SUPPORT

- Staying Well Service
- Mandatory Impact Monitoring
- Schwartz Rounds
- Clinical Supervision
- Peer Support





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