

# Council of Ambulance Authorities

# Setting the Scene



- 
- Australia*
- 10 member services
  - 33,285 staff (paid & volunteers)
  - 1,821 locations
  - 4,236,808 incidents
  - 4,039,178 patients
- New Zealand*





- Collaboration & Knowledge Sharing within the CAA

- Strong work in the national/international space

- Supportive Board & CEOs

# Global Mental Health Survey



# Answering the call national survey

Beyond Blue's National Mental Health and Wellbeing Study  
of Police and Emergency Services – Final report



# Answering the Call





- beyondblue EMS Survey 2018

*Answering the Call*

- Every 2<sup>nd</sup> Year

- Global launch in 2020







- Actual Data

- Measure our work/  
investments

- Promote our great work

- Negative Publicity



10 / 10

# Global Mental Health Day

- My1010.net

- Self-assessment tool for staff

- Check In \* Act \* Share

Staff

Wellbeing

**World Mental Health Day  
October 10 2018**



**10/10**

You spend your day being there for others, take time out to be there for yourself

Encouraging positive mental health and well-being in all CAA members

**CHECK IN • ACT • SHARE**



<http://www.my1010.net>



- 2019 Plans - App
- Engage Social Media
- Video messages from leaders & influencers

Next Steps