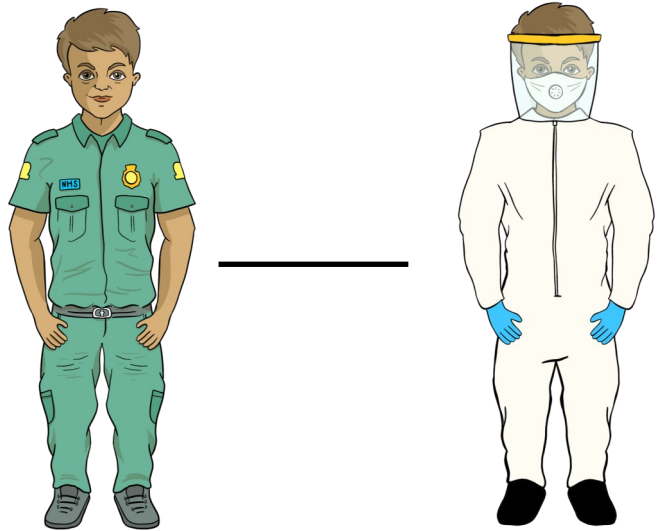


AMBULANCE SECTOR LEVEL 3 PPE FFP3/ EYE PROTECTION - DONNING

DONNING

LEVEL 3 PPE

FFP3 / EYE PROTECTION



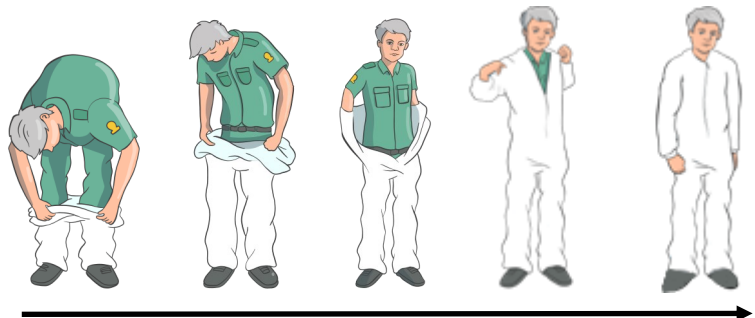
DONNING ORDER

PERFORM HAND HYGIENE

Step 1 - don fluid repellent coverall

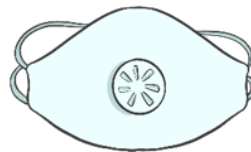
- Step into coveralls
- Pull up over waist
- Insert arms into sleeves, if thumb hoops available then hoop these over your thumbs.
- Pull up over the shoulders
- Fasten zip all the way to the top

It is not necessary to apply the hood of the coverall as there is no requirement for airborne transmission. This should be tucked into the back of the coverall.



Step 2 - don FFP3 face mask

- Secure elastic straps at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below the chin
- Fit check respirator



Step 3 - don eye protection

- Place over face and eyes and adjust to fit



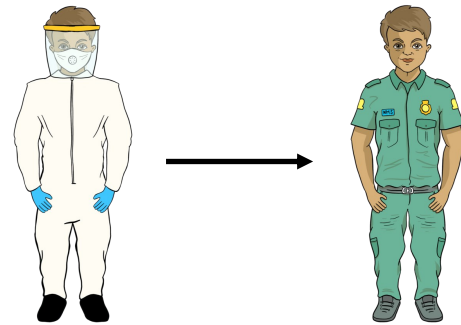
Step 4 - don disposable gloves

- Perform Hand Hygiene
- Select according to size
- Apply gloves and extend to wrist, ensure cuff of coverall is covered



AMBULANCE SECTOR LEVEL 3 PPE FFP3 / EYE PROTECTION - DOFFING

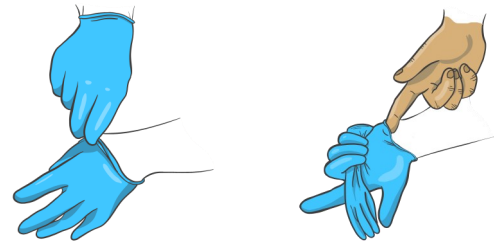
DOFFING LEVEL 3 PPE FFP3 / EYE PROTECTION



DOFFING ORDER

Step 1 - Remove disposable gloves

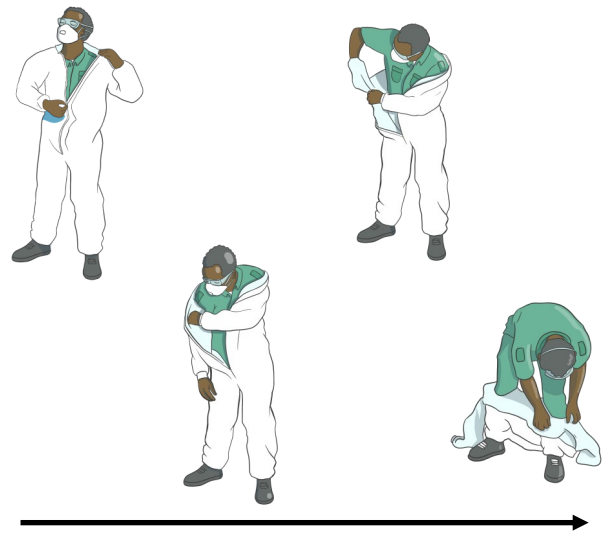
- Grasp the outside of the glove with the opposite gloved hand and peel off
- Hold the removed glove in the gloved hand
- Slide the fingers at the un-gloved hand under the remaining glove at the wrist
- Peel the second glove off over the first glove and discard



PERFORM HAND HYGIENE

Step 2 - Remove fluid repellent coverall

- Tilt the head back and with one hand pull the coveralls down and away from your body
- With the other hand, run your hand up the zip until you reach the top and unzip the coveralls completely without touching any skin or uniform following the guidance of your crewmate
- Remove coveralls from top to bottom. After freeing shoulders, pull arms out of the sleeves
- Roll the coverall, from the waist down and from the inside of the coverall, down to the top of the boots, taking care to only touch the inside of the coveralls
- Use one boot to pull off the coverall from the other boot and vice versa then step away from the coverall ensuring the coverall has been removed and dispose of it as clinical waste.
- *NB: It may be beneficial to cut small slits in the bottom of the legs of the coveralls to allow for easier removal*



PERFORM HAND HYGIENE

Step 3 - Remove eye protection

- Handle only by headband or the sides
- Remove by pulling out and away from the face/eyes



PERFORM HAND HYGIENE

Step 4 - Remove FFP3 face mask

- Lean forward slightly and reach to the back of your head with both hands to find the bottom strap and bring it to the top strap
- Lift both straps over the top of the head
- Pull away from the face without touching the front of the mask



PERFORM HAND HYGIENE