



JANUARY

2023



MONDAY

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FRIDAY

SATURDAY

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Bank Holiday (UK) 02

Bank Holiday (Scotland) 03

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JANUARY 2023

Days of religious significance in January:

- 01 New Year's Day / Hogmanay
Shogatsu / Gatan-Sai, Japan
Feast Day of St Basil, Orthodox
- 05 Birthday of Guru Gobind Singh, Sikh
Twelfth Night, Christian
- 06 Epiphany or Dia de los Reyes (Three Kings Day),
Christian Armenian Orthodox Christmas
- 07 Eastern Orthodox Christmas
(Christmas in Russia),
Mayayana New Year, Buddhist
- 09 Baptism of the Lord Jesus, Christian
Seijin no Hi, Shinto (Coming of Age Day, Japan)
- 13 Lohri-Maghi, Sikh
- 14 Makar Sankranti or Maghi, Hindu
Eastern Orthodox New Year, Orthodox - Julian
Calendar
- 16 Birthday of Guru Har Rai, Sikh
- 19 Timkat, Ethiopian Orthodox Christian
- 21 St Agnes's Day, Christian
- 25 Conversion of Saint Paul, Christian



I'm delighted that ACE has followed the lead of some of our member trusts in producing a cultural calendar capturing the range of celebrations and dates of significance to our patient and service user populations, as well as those of our employees and volunteers. Meaningful engagement with the communities we serve is essential if we are to ensure equity of access and provision, which we hope this calendar will facilitate.



Daren Mochrie, QAM
Chief Executive,
North West Ambulance
Service NHS Trust
and Chair of ACE



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Days of religious significance in February:

- 02 Candlemas
- 05 Septuagesima Sunday
Tu B'Shevat, Judaism
Thaipusam, Hindu
- 15 Parinirvana Day, Buddhist
- 17 Isra' and Mi'raj, Muslim
- 18 Maha Shivaratri, Hindu
- 19 Quinquagesima, Christian
- 21 Shrove Tuesday, Christian
- 22 Ash Wednesday, Christian
- 26 Quadragesima Sunday, Christian



LGBT+ History Month sets out to redress the balance and provides an opportunity to learn about a part of our society that has been hidden away. And as for the issue of it being a whole month, I usually point out there is quite a lot for us to tell everyone!



Alistair Gunn
Chair of the National
Ambulance LGBTQ+ Network,
Yorkshire Ambulance Service
NHS Trust



Days of religious significance in March:

- 02 Nineteen Day Fast, Bahá'í
- 03 Women's World Day of Prayer, Christian
- 06 Magha Puja, Buddhist
- 07 Holika Dahan, Hindu
Holi, Hindu
Purim, Judaism
- 08 Lailat-UI-Bara'ah, Muslim
Hola Mohalla, Sikh
- 19 St Joseph's Day, Christian
- 21 Naw-Ruz Bahá'í New Year, Bahá'í
- 22 First Day of Ramadan, Muslim
- 25 Annunciation (Lady Day), Christian
- 26 Passion Sunday, Christian
- 30 Rama Navami, Hindu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	01 	02 	03	04	05
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March is the month for International Women's Day. Creating a workplace where everyone can flourish and achieve their potential is vital to providing first rate patient care and employee wellbeing. International Women's Day is a great way to celebrate the fantastic range of women's achievements and increase the visibility of issues affecting women. Issues that must be firmly in our thoughts when setting priorities for change.



Nicola Scrivens
Chair, East of England
Ambulance Service
NHS Trust



Days of religious significance in April:

- 02 Palm Sunday, Christian
- 05 Hanuman Jayanti, Hindu
- 06 Maundy Thursday, Christian
Theravada New Year, Buddhist
Passover / Pesach 1st day, Judaism
- 07 Good Friday, Christian
- 09 Easter Sunday, Christian
- 13 Songkran, Buddhist
- 14 Vaisakhi, Sikh
- 16 Low Sunday, Christian
- 18 Laylat al-Qadr - Night of Destiny, Muslim
- 19 Birthday of Guru Angad Dev, Sikh
- 21 End of Ramadan, Muslim
Ridvan - First Day, Bahá'í
Eid al-Fitr, Muslim



Ramadan is the most important month in the Muslim calendar when Muslims fast from dawn till dusk and devote more time in worship and prayer. Observance of the month should not impact on work 'however' it is important that employers recognise the importance of the month for Muslims and consider flexible working sympathetically when requests are made.



Mohammed Ramzan
Head of Diversity & Inclusion,
West Midlands Ambulance
Service NHS Foundation Trust

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Days of religious significance in May:

- 14 Rogation Sunday, Christian
Christian Aid Week, Christian
- 18 Ascension Day, Christian
- 19 Vesakha Puja / Wesak, Buddhist
- 22 Declaration of the Bab, Bahá'í
- 26 Feast of Weeks, Judaism
Buddha Purnima / Buddha Day / Buddha's Birthday
Shavout, Judaism
- 28 Whit Sunday, Christian
- 29 Ascension of Baha'u'llah, Bahá'í

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<p>Bank Holiday (UK) 01</p>	<p>02</p>	<p>03</p>	<p>04</p>	<p>05</p>	<p>Coronation of King Charles III 06</p>	<p>07</p>
<p>Bank Holiday (UK) 08</p>	<p>09</p>	<p>10</p>	<p>11</p>	<p>12</p>	<p>13</p>	<p>14</p>
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<p>Bank Holiday (UK) 29</p>	<p>30</p>	<p>31</p>				

MAY 2023



Violence, assault and aggression are a national problem and our work facilitates trusts to increasingly collaborate on violence prevention and staff safety initiatives for the benefits of both staff and patients.

Adam Hopper
National Ambulance Violence Prevention and Reduction Operational Lead, Association of Ambulance Chief Executives



The 2022 #WorkWithoutFear campaign sought to highlight the human side of our staff who continually demonstrate such high levels of professionalism and compassion despite facing this abuse, sometimes daily.

Clare Barnham
National Ambulance Violence Prevention and Reduction Support Officer, Association of Ambulance Chief Executives



Days of religious significance in June:

- 04 Trinity Sunday, Christian
- 08 Corpus Christi, Christian
- 26 World Humanist Day
- 21 Martyrdom of Guru Arjan Dev, Sikh
- 28 Waqf Al Arafa - Hajj, Muslim
Eid-al-Adha, Muslim

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Bank Holiday (Eire) 21

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JUNE 2023

ASSOCIATION OF AMBULANCE CHIEF EXECUTIVES

NATIONAL AMBULANCE Volunteering Strategy
January 2023 - May 2024

The ambulance sector recognises and welcomes the significant benefits volunteering brings to patients, staff, organisations, and volunteers themselves. Ambulance volunteers have given their time in clinical and non-clinical volunteering opportunities for over two decades. They enhance the care we offer to patients and families, support our staff and act as positive ambassadors for the ambulance service. Volunteers choose to offer their time for the benefit of communities and enhance, rather than replace the work of our staff.

Our Mission
To publish and implement a national strategy for volunteering, ensuring clinical and non-clinical volunteering opportunities support the ambulance sector to meet the needs of our patients, promote the wellbeing of our staff and reinforce the sector's role as an anchor organisation in our communities and with our partners.

Our Vision
To champion and deliver ongoing inclusive volunteering opportunities across the UK NHS ambulance sector to benefit our patients, our people and the wider NHS and social care system.

Providers of Choice
Ambulance service volunteers will be seen as reliable, skilled individuals who represent and are representative of their communities and other high quality professional services to patients, staff, and communities.

Organisations of Choice
Volunteers will view ambulance services as inclusive organisations that they would be proud of and wish to volunteer for.

Partners of Choice
Systems and partners will view ambulance service volunteers as key contributors to the collaborative delivery of services.

Principles

Principles	Short term by end March 2023	Medium term by end September 2023	Longer term by end March 2024
1. Inclusion	Develop a national strategy for volunteering that is inclusive and accessible to all.	Develop a national strategy for volunteering that is inclusive and accessible to all.	Develop a national strategy for volunteering that is inclusive and accessible to all.
2. Wellbeing	Develop a national strategy for volunteering that promotes the wellbeing of our staff and volunteers.	Develop a national strategy for volunteering that promotes the wellbeing of our staff and volunteers.	Develop a national strategy for volunteering that promotes the wellbeing of our staff and volunteers.
3. Quality	Develop a national strategy for volunteering that ensures high quality professional services to patients, staff, and communities.	Develop a national strategy for volunteering that ensures high quality professional services to patients, staff, and communities.	Develop a national strategy for volunteering that ensures high quality professional services to patients, staff, and communities.
4. Partnership	Develop a national strategy for volunteering that promotes partnership with our partners.	Develop a national strategy for volunteering that promotes partnership with our partners.	Develop a national strategy for volunteering that promotes partnership with our partners.

With support from NHS England Voluntary Partnerships Team



Our amazing ambulance volunteers have given their time in patient-facing and non-patient facing volunteering opportunities for over two decades. We thank them and during international volunteers' week we celebrate their much-valued and unique impact for our patients, our staff, and our communities.



Helen Vine
Strategic Volunteering Lead,
AACE



Days of religious significance in July:

- 01 End of Hajj, Muslim
- 03 Asalha Puja - Dhamma Day, Buddhist
- 06 Birthday of HH The Dalai Lama, Buddhist
- 09 Martyrdom of the Bab, Bahá'í
- 15 Saint Vladimir Day, Christian
- 19 Al Hijra, Islamic New Year
- 23 Birthday of Haile Selassie I, Rastafarian
- 25 Saint James the Great Day, Christian
- 26 Tisha B'Av, Judaism
- 28 Ashura, Islamic

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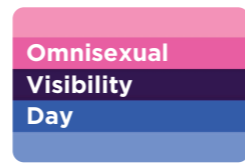
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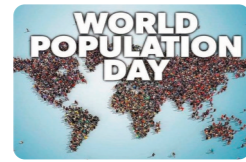
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A cultural calendar supports our acquisition of greater cultural awareness and intelligence. Cultural awareness allows for learning, by not compromising your own culture or sacrificing your values or identity.



It helps to gather understanding on how best to adapt approaches, thoughts and decisions. Most importantly, having a cultural calendar increases awareness of the importance of celebrating all cultures respectfully together.

Carmen Peters
Deputy Chair National Ambulance BME Forum and Co-Chair National Ambulance Freedom to Speak Up Network, London Ambulance Service NHS Trust



Days of religious significance in August:

- 06 The Transfiguration, Christian
- 13 August O-Bon, Buddhist
- 22 Qixijie / Ch'i Hou Chieh, China (Herd Boy and Weaving Girl Festival)
- 23 Paryushan Parva, Jain
- 30 Zhongqiuje / Chung Ch'iu, China (Festival of Hungry Ghosts)
Raksha Bandhan, Hindu

MONDAY

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Yorkshire Day

World Breastfeeding Week
August 1st - August 7th

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Valentine's Day

CYCLE TO WORK DAY

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Bank Holiday (Scotland) 07

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UNIVERSAL & INTERNATIONAL
1st August

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WORLD LION DAY
AUGUST 10

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World Elephant Day

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HAPPY LEFT-HANDERS DAY
Aug. 13

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BIRTHDAY OF MARCUS GARVEY

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19th AUGUST
WORLD HUMANITARIAN DAY

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INTERNATIONAL DAY FOR THE REMEMBRANCE OF THE SLAVE TRADE AND ITS ABOLITION

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INTERNATIONAL DOG DAY

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Bank Holiday (UK) 28

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AUGUST 2023



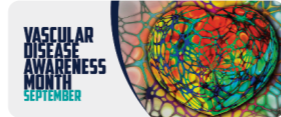
To be truly inclusive is to respect a person's beautiful authentic self, to see their individuality and celebrate it. We are all human, and small, good deeds and kind words can be powerful. We may never truly appreciate the difference that we make to another person, yet that person may never forget it.



Paola Spiteri

Rheolwr Datblygu Sefydliadol - Cydraddoldeb, Amrywiaeth a Chynhwysiant - Organisational Development Manager - Equality, Diversity, Inclusion, Ymddiriedolaeth GIG Gwasanaethau Ambiwlaens Cymru / Welsh Ambulance Services NHS Trust

On World Humanitarian Day, let us protect this world by spreading kindness.



SEPTEMBER

2023



SEPTEMBER 2023



Days of religious significance in September:

- 01 Installation of The Guru Granth Sahib in The Harmandir Sahib - The Golden Temple, Amritsar 1604 CE, Sikh
- 02 Indiction of Church Year, Christian
- 06 Krishna Birth, Hindu
- 12 Ethiopian New Year's Day, Rastafarian
- 15 Rosh Hashanah (Jewish New Year), Judaism
- 18 Birth of Lord Ganesh, Hindu
- 24 Yom Kippur, Judaism
- 26 Birth of Prophet Muhammad, Muslim
- 27 Mawlid al-Nabi, Muslim
- 28 Confucius' Birthday, Chinese
- 29 Michaelmas, National
- 30 Sukkot, Judaism



I love my job as a senior paramedic there is no job like it, although rewarding sometimes it can be difficult and challenging.



Emergency Services Day gives everyone the chance to reflect on the emergency services and the work we do for our service users and our communities.

Glenn Carrington
State Registered Paramedic
Branch Black Members Officer
Branch Chairperson,
East of England Ambulance
Service NHS Trust

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Bank Holiday (UK) 28	29	30	31	01	02	03
04 ZERO WASTE WEEK	05	06 National Read A Book Day September 6th	07	08 International literacy day	09 EMERGENCY SERVICES DAY	10 WORLD SUICIDE PREVENTION DAY 10 SEP
11	12	13	14 WORLD ATOPIC ECZEMA DAY Join Us #InsideAtopicEczema SEPTEMBER 14	15	16	17 World Patient Safety Day 17 September
18	19	20	21 WORLD PEACE DAY	22	23 CELEBRATE BISEXUALITY DAY September 23	24
25 National Inclusion Week	26 EUROPEAN DAY OF LANGUAGES	27	28	29 SEPTEMBER 29 WORLD HEART DAY WORLD'S BIGGEST COFFEE MORNING MACMILLAN CANCER SUPPORT	30	



OCTOBER

2023



Days of religious significance in October:

- 02 Gandhi Jayanti, Hindu
- 07 Shemini Atzeret, Judaism
- 08 Simchat Torah, Judaism
Inter Faith Week of Prayer For World Peace
- 15 Navarati, Hindu
- 20 Conferring of Guruship on The Guru Granth Sahib, Sikh
- 27 Milad Un Nabi (Birthday of the Prophet Muhammad), Muslim
- 28 Anapanasati Day, Buddhist
- 31 All Hallow's Eve, Christian

OCTOBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30 INTERNATIONAL STRESS AWARENESS WEEK	31 HALLOWEEN	27	28	29	30	01 International Day of OLDER PERSONS
02 DYSLEXIA Awareness week	03	04	05	06 WORLD CEREBRAL PALSY DAY www.worldcpday.org world smile day	07	08
09 Baby Loss Awareness Week	10 WORLD MENTAL HEALTH DAY	11 COMING OUT DAY	12 WORLD ARTHRITIS DAY 12 OCTOBER World Sight Day: Make Vision Count	13	14	15
16 RESTART A HEART DAY OCTOBER 16	17	18 WORLD MENOPAUSE DAY INTERNATIONAL PRONOUNS DAY	19	20	21	22 International Stammering Awareness Day
23 ASEXUAL AWARENESS WEEK	24	25	26 INTERSEX AWARENESS DAY OCTOBER 26	27 NATIONAL MENTORING DAY	28	29 DON'T FORGET TO FALL BACK



Black History Month is an opportunity to celebrate the brilliant contributions made by black individuals, to every element of our lives. It is a time to remember those from the past and present whose hard work has impacted on us in many ways. Some of these achievements have been endured through great adversity and oppression. There are so many strong people in this world. We need to remember them always - not just during this month.



Tasnim Ali MSc, BSc, DN, RGN
Business Manager
- A&E Operations,
Yorkshire Ambulance
Service NHS Trust

How can you share this message and their stories?



ASSOCIATION OF
AMBULANCE
CHIEF EXECUTIVES

ISLAMOPHOBIA
AWARENESS MONTH

NOVEMBER
LUNG CANCER
AWARENESS MONTH

PROGRESS MONTH
PANCREATIC CANCER
AWARENESS MONTH

NOVEMBER

2023



Days of religious significance in November:

- 01 All Saints Day, Christian
- 02 All Souls' Day, Christian
Coronation of Emperor Haile Selassie, Rastafarian
- 08 Birthday of Guru Nanak, Sikh
- 12 Diwali, Hindu and Sikh
Inter Faith Week begins
- 24 Martyrdom of Guru Tegh Bahadur Sahib, Sikh
- 26 Day of the Covenant, Bahá'í
- 28 Ascension of Abdu'l-Baha, Bahá'í
Loy Kratong, Buddhist

NOVEMBER

NOVEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30	31	01 STRESS AWARENESS DAY	02	03	04	05 Guy Fawkes Night
06	07	08	09	10	11	12 REMEMBRANCE DAY <i>Lest we forget</i>
13 WORLD KINDNESS DAY HAPPY TRANS AWARENESS WEEK #TRANSWEEK	14 WORLD DIABETES DAY 14 NOVEMBER	15 WORLD COPD DAY	16 UK disability history month • CELEBRATING OUR LIVES • CHALLENGING DISABLISM • ACHIEVING EQUALITY	17	18	19 international MEN'S DAY UK
20 TRANSGENDER DAY OF REMEMBRANCE	21	22	23	24	25	26
27	28	29	30 St Andrew's Day			



To truly embrace equality, conversations about diversity must always consider disability.



I am proud to chair the award-winning National Ambulance Disability Network, working with AACE and NHS England to develop, support and sustain staff networks across the UK.

Dawn Whelan
AACE, National Ambulance DisAbility Network Chair
East of England Ambulance Service NHS Trust



DECEMBER

2023



DECEMBER 2023



Days of religious significance in December:

- 01 Advent begins, Christian
- 08 Hanukkah, Judaism
Bodhi Day, Buddhist
Immaculate conception of the blessed Virgin Mary, Christian
- 24 Advent Ends, Christian
Christmas Eve, Christian
- 25 Christmas Day, Christian
- 26 Martyrdom of Sahibzada Zorawar Singh and Sahibzada Fateh Singh, Sikh
St Stephen's Day, Christian

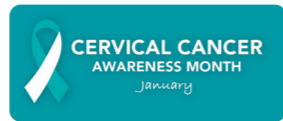


December is a time where many people will enjoy a festive Christmas break, but for others it can be a lonely and difficult time. Winter illnesses and bad weather put a strain on health and social care services. I always respect how we all pull together in ambulance services, support each other and slog on through some challenging work, whilst others are having time off. Its what we do. But we should also cherish the time we do have off work, to rest and enjoy with family and friends, and make sure that we keep well so we can help others.



Cathryn James
Clinical Support Manager for
AACE / NASMed / JRCALC

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18	19	20	21 	22	23	24
Bank Holiday (UK) 25 	Bank Holiday (UK) 26 	27	28	29	30	31



JANUARY

2024



Days of religious significance in January:

- 01 New Year's Day
Shogatsu / Gatan-Sai (New Year), Japan
- 02 Feast Day of St Basil, Orthodox
- 03 Winter Solstice, Bhutan
- 05 Birthday of Guru Gobind Singh, Sikh
Twelfth Night, Christian
- 06 Epiphany or Dia de los Reyes (Three Kings Day),
Christian Armenian Orthodox Christmas
- 07 Eastern Orthodox Christmas
(Christmas in Russia),
- 13 Lohri-Maghi, Sikh
- 14 Orthodox New Year
- 15 Makar Sankranti or Maghi, Hindu
- 16 Timkat, Ethiopian Orthodox Christian
- 25 Mayayana New Year, Buddhist
Tu B'Shevat (Arbor Day), Judaism

JANUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Bank Holiday (UK) 01 	Bank Holiday (Scotland) 02	03	04 World Braille Day	05	06	07
08	09	10	11	12	13	14
15 MARTIN LUTHER KING JR. DAY There's always time for a cuppa and a catch-up	16	17	18	19	20	21 NATIONAL HUG DAY World Religion Day
22	23	24 International Day of Education 	25 Burns Night 	26 26 January Republic Day 	27 INTERNATIONAL HOLOCAUST REMEMBRANCE DAY 	28 WORLD LEPROSY DAY LAST SUNDAY IN JANUARY DATA PRIVACY DAY
29	30	31				



Through our cultural calendar we hope to encourage and support ambulance service employees and volunteers to find out more about the rich diversity we see in our communities across the United Kingdom so we can collectively best serve our patients, carers and our communities whilst celebrating each and every one.



Anna Parry
Deputy Managing Director,
Association of Ambulance
Chief Executives