



FEBRUARY

2024



Days of religious significance in February:

- 02 Candlemass
- 08 Lailat al Miraj, Islam
- 10 Chinese New Year
- 11 Quinquagesima, Christian
- 13 Shrove Tuesday, Christian
- 14 Ash Wednesday, Christian
- 15 Isra' and M'iraj, Islam
Parinirvana Day, also known as Nirvana Day, Buddhist
- 18 Quadragesima Sunday, Christian
- 24 Magha Puja Day, Buddhist
- 25 Lailat al Bara'a, Muslim
Promised Savior Day, Islam

26-29 Ayyam-i-Ha – Baha'i Nineteen Day Fast Period



LGBT+ history month in 2024 celebrates 30 years since it began in 1994 and looks to promote diversity and equality for LGBT+ people in the wider population. It is so important that we promote a culture of inclusion, awareness and education, so that LGBT+ people feel safe and supported to be their authentic self in the work place and in the communities we live and love.



Kirsten Willis-Drewett
Chair of LGBT+ Network,
Deputy Chair, National
Ambulance LGBT+ Network

FEBRUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	31	01 	02	03	04 
05 	06	07	08	09	10 	11 
12 	13 	14 	15	16 	17 	18
19 	20	21	22	23	24 	25
26 	27	28	29			



Days of religious significance in March:

- 01 World Day of Prayer
- 02 Nineteen Day Fast Bahá'í
- 08 Maha Shivratri (Festival of Lord Shiva) - Hindu
- 11 Ramadan begins - lasts 30 days - Islam
- 12 First day of Ramadan - Islam
- 19 St Joseph's Day , Christian
- 20 Naw-Ruz - Baha'i (New Year)
- 20-21 Nowruz – Zoroastrian (Persian New Year)
- 23 Purim, Judaism
- 24 Passion Sunday/Palm Sunday, Christian
Holika Dahan, Hindu
- 25 Holi (Festival of Colours, Love and Spring), Hindu
Hola Mohalla, Sikh
Annunciation Day, Greek Orthodox
- 28 Maundy Thursday, Christian
- 29 Good Friday, Christian
- 31 Easter Sunday, Christian



Celebrating International Women's Day isn't about making women better or making women strong. We are amazing and strong already. It is about changing the way others see our spark and our strength. We are positive and we are often driven by a cause that we hold in our hearts. That cause, whatever it is gives us all the strength we need.



Helen Ray
Chief Executive
North East Ambulance Service
NHS Foundation Trust

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
26	27	28	29	01 	02	03 
04	05	06	07 	08 	09	10 
11 	12	13	14	15	16	17 
18	19	20 	21 	22 	23	24
25	26	27	28	29 Bank Holiday (UK)	30 	31 



APRIL

2024



Days of religious significance in April:

- 01 Easter Monday, Christian
- 07 Low Sunday, Christian
Laylat Al Qadr, Muslim
- 08 End of Ramadan , Muslim
- 09 Eid-ul-Fitr (Festival of Sweets), Islam
Yugadi, Hindu New Year
- 13 Songkran Festival
Vaisakhi/Baisakhi (Spring Festival), Sikh
- 16 Ram Navami (Birth of Lord Ram), Hindu
- 21 Birthday of the late Queen Elizabeth
Ridvan Festival, Baha'i
- 23 Pesach (Passover), (first 2 festival days), Judaism
Hanuman Jayanti, Hindu
- 24 Theravada New Year, Buddhism
- 29 Pesach (Passover) (final 2 days of the festival),
Judaism














Ramadan is considered the holiest month in the Islamic Calendar during which time Muslims will fast from sunrise to sunset. Those observing will also read additional prayers in the evening and read the Quran. Inevitably this does impact energy levels and where possible evening events, or lunch meetings should be avoided to support colleagues. Flexible working should be considered to manage workload and periods of fatigue. Ramadan Mubarak to all our Muslim colleagues.



Nabila Ayub
Head of Diversity & Inclusion
Yorkshire Ambulance Service

APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Bank Holiday (UK) 01 	02 	03	04 	05 	06	07 
08 	09	10 	11 	12	13	14
15	16	17	18 	19	20	21 
22 	23 	24	25 	26 	27	28
29 	30					



MAY

2024



Days of religious significance in May:

- 03 Great & Holy Friday (Crucifixion of Jesus), Orthodox Christian
- 05 Pascha/Easter Day (Resurrection of Jesus), Orthodox Christian
Yom Ha-Sho'ah, Judaism
- 09 Ascension Day, Christian
- 14 Christian Aid Week, Christian
- 19 Pentecost, Christian
Whit Sunday, Christian
Second Passover, Judaism
- 22 Wesak (Buddha Day), Buddhist
Declaration of the Bab, Baha'i
Buddha's Birthday, Buddhist
- 23 Vaishakha Purnima, Hindu
- 26 Lag B'Omer, Judaism
Trinity Sunday, Christian
- 29 Rogation Sunday, Christian
Ascension of Bahad'ullah, Baha'i
- 30 Corpus Christi, Christian



We all experience good days and not so good days. Being aware of how you and your colleagues are feeling is really important. During mental health awareness week, do take a few minutes to have a look at our mental health continuum if you're not already familiar with it and encourage colleagues to do the same, seeking support when it's needed through your ambulance service, TASC or somewhere else.



Anna Parry
Managing Director,
Association of Ambulance
Chief Executives (AACE)

MAY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	01 INTERNATIONAL WORKERS' DAY DEAF AWARENESS WEEK	02	03	04 STAR WARS DAY JAY THE 4TH BE WITH YOU	05 INTERNATIONAL DAY OF THE MIDWIFE MAY 5 WORLD HAND HYGIENE DAY
Bank Holiday (UK) 06	07	08 VICTORY IN EUROPE DAY VE DAY	09	10	11 WORLD FAIR TRADE DAY	12 International Nurses' Day
13 MENTAL HEALTH AWARENESS WEEK Walk to School LIVING STREETS PUTTING PEOPLE FIRST	14 National Children's Day	15	16 Global Accessibility Awareness Day (GAAD)	17 17 MAY INTERNATIONAL DAY AGAINST HOMOPHOBIA, BIPHOBIA, INTERPHOBIA, TRANSPHOBIA	18	19
20 WORLD Bee DAY	21	22	23 WORLD TURTLE DAY	24 World Schizophrenia Day	25 AFRICA DAY 25th MAY	26
Bank Holiday (UK) 27	28 WORLD BLOOD CANCER DAY MAY 28	29 NATIONAL BISCUIT DAY	30 WORLD MS DAY MAY 30	31		



Days of religious significance in June:

- 12 Shavuot (Pentecost Festival of Weeks), Judaism
- 14 Waqf Al Arafa, Islam
- 14-19 The Hajj, Islam
- 16 Martyrdom of Guru Arjan Dev, Sikh
- 17 Eid-ul-Adha (Holiday of Sacrifice), Islam
- 21 World Humanist Day
- 23 Pentecost (Gift of the Holy Spirit), Orthodox Christian



Our ambulance service volunteers are our real unsung heroes, they quietly put so many hours in to support patients in their communities either operationally or behind the scenes. We thank them for what they do, they are truly amazing.

Mark Evans
Interim Regional Community Engagement Lead & Chair - National Ambulance Services Responders Managers Group (NASRMG)
North West Ambulance Service NHS Trust

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
27	28	29	30	31	01 International Children's Day VOLUNTEERS' WEEK	02 NATIONAL CANCER SURVIVORS DAY
03	04	05 WORLD ENVIRONMENT DAY	06 REMEMBERING D-DAY JUNE 6, 1944	07	08 WORLD OCEANS DAY JUNE 08	09
10 JUNE MEN'S HEALTH AWARENESS WEEK Dragon Boat Festival	11	12	13	14 WORLD BLOOD DONOR DAY UEFA EURO2024 GERMANY	15	16 HAPPY FATHER'S DAY
17 Learning Disability Week "Happy Learning Disability Week!" DISABILITY AWARENESS WEEK	18	19	20 THE LONGEST DAY 2023	21 International Day of Yoga	22 WINDRUSH DAY CELEBRATING GREAT BRITAIN'S DIVERSITY	23 Deafblind Awareness Week 23 JUNE DRAVET SYNDROME AWARENESS DAY
24 Midsummer DAY	25	26 RESERVES DAY	27	28	29 ARMED FORCES DAY	30



Days of religious significance in July:











- 01 Birthday of the HH Dalai Lama , Buddhist
- 03 Al Hijra, Islamic New Year
- 06 Martyrdom of the Bab, Baha'i
- 09 Saint Vladimir Day, Christian
- 15 Ashura (Death of Husayn ibn Ali), Islamic New Year
- 19 Asalha Puja, Dhamma Day, Buddhist birthday of the HH Dalai Lama
- 21 Guru Poornima, Hindu
- 23 Birthday of Haile Selassie, Rastafarian
- 25 Saint James the Great Day, Christian
- 26 Tisha B'av, Judaism



Disability is a unique strength that adds diversity to our collective experience. Embracing and supporting disabled colleagues enriches our collective journey and highlights the beauty of our differences. The phrase "Nothing about us, without us!" reminds us that disabled voices are essential in every conversation about diversity and inclusion.



Dawn Poulson Whelan
Chair, National Ambulance
DisAbility Network, AACE:
East of England Ambulance
Service NHS Trust

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
01 	02	03	04 	05	06 	07 
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22	23	24 	25	26	27	28 
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ASSOCIATION OF
AMBULANCE
CHIEF EXECUTIVES

National
Fishing
Month

NATIONAL
ROAD VICTIM
MONTH
— AUGUST —

AUGUST

2024



Days of religious significance in August:

- 05 Start of Shravan Mass, Hindu
- 06 The Transfiguration, Christian
- 13-15 August O-Bon, Buddhist
- 12-13 Fast of the Tisha B'Av, Judaism
- 17 Safar, Islam
- 18 Chinese Ghosts Festival
- 19 Raksha Bandhan, Hindu
The 15th of Av, Judaism
- 22 Qixijie/Ch'i Hou Cieh, China (Herd Boy and Weaving Girl Festival)
- 28 Krishna Janmashtami (Birth of Lord Krishna), Hindu
- 31 Paryushan Parvar, Jain



Whatever our roles
in the UK NHS
ambulance sector,
whether we are
employed or volunteer,
patient-facing or
otherwise, embracing
and celebrating
diversity is a key part
of ensuring that we
meet the needs of
our patients in the
best way we can
whilst supporting
and enabling all
our people to thrive.



Professor
Sir Keith Willett CBE
Chair, South Central
Ambulance Service
Chair, Association of
Ambulance Chief
Executives Council

AUGUST 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30	31	01 Yorkshire Day World Breastfeeding Week August 1st - August 7th	02	03	04
05	06	07	08 UNIVERSAL & INTERNATIONAL 1th August CYCLE TO WORK DAY	09	10 Valentine's Day WORLD LION DAY AUGUST 10	11
12 World Elephant Day	13 HAPPY LEFT-HANDERS DAY Aug. 13	14	15	16	17 BIRTHDAY OF MARCUS GARVEY	18 Happy NEVER GIVE UP DAY
19 19th AUGUST WORLD HUMANITARIAN DAY	20	21	22 INTERNATIONAL DAY FOR THE REMEMBRANCE OF THE SLAVE TRADE AND ITS ABOLITION	23	24	25
Bank Holiday (UK) 26 INTERNATIONAL DOG DAY	27	28	29	30	31	



SEPTEMBER

2024



SEPTEMBER 2024



Days of religious significance in September:

- 01 Installation of the Guru Granth Sahib in The Harmandir Sahib - The Golden Temple, Amritsar 1604 CE, Sikh
Indiction of the church year, Christian
- 03 End of Shravan Mass, Hindu
- 05-06 Arbaeen, Islam
- 06 Krishna Janmashtami, Hindu
Birth of Lord Ganesh Chaturthi, Hindu
- 11 Paryushana Parva, Jain
- 12 Enkutatash – Ethiopian New Year, Rastafarian
- 15 Mawlid al-Nabi (Birthday of Prophet Muhammad), Islam
- 17 Milad un-Nabi, Muslim
- 27 Birth of the Prophet Mohammad, Muslim
Confucius' Birthday Chinese
- 29 Michaelmas, National



As Head of Equality, Diversity and Inclusion (EDI) at the London Ambulance Service Trust I live and breathe all things EDI nearly every day. Inclusion within our ambulance services, be it for our colleagues or our patients, is essential as it's the thing that people can actually feel – that sense of whether you belong somewhere and that the service is there for you. National Inclusion Week allows us an opportunity to focus and boost our teams' work and discussions on everything inclusion-related.



Kulvinder Hira
Head of Equality, Diversity and Inclusion (EDI)
London Ambulance Service NHS Trust

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30				01	02	01
02 ZERO WASTE WEEK	03	04	05	06 National Read A Book Day September 6th	07	08 International literacy day
09 EMERGENCY SERVICES Air Ambulance Week #AirAmbulanceWeek	10 WORLD SUICIDE PREVENTION DAY 10 SEP	11	12	13	14	15 Join Us #InsideAtopicEczema SEPTEMBER 14
16 Rheumatoid Arthritis Week	17 World Patient Safety Day 17 September	18	19	20	21 WORLD PEACE DAY	22
23 National Inclusion Week	24	25	26 EUROPEAN DAY OF LANGUAGES	27 WORLD'S BIGGEST COFFEE MORNING MACMILLAN CANCER SUPPORT	28	29 WORLD HEART DAY



OCTOBER

2024



Days of religious significance in October:

- 02 Gandhi Jayanti, birthday anniversary of Mahatma Gandhi
Rosh Hashanah (New Year), Judaism
- 03 Navaratri, Hindu
- 11 Durga Ashtami, Hindu
Yom Kippur (Day of Atonement), Judaism
- 12 Vijaya Dashami/Dussehra (Triumph of Lord Rama), Hindu
- 16 Sukkot (Tabernacles), Judaism
- 18 Shemini Atzeret, Judaism
- 25 Simchat Torah, Judaism
- 29 Dhanteras - First day of Diwali, Hindu
- 30 Kali Chaudas, Hindu
- 31 Deepavali (Diwali), Hindu
All Hallows Eve, Christian



Black History Month is our chance to remind people of the contributions of Black people in both current times and from the past. A lot will have faced so many difficulties that we cannot appreciate.

I really like this quote 'Know the past - shape the future'.

Just take time to look around at the magnificence of the people.



Tasnim Ali MSc, BSc, DN, RGN
Chair, National Ambulance BME Forum,
Business Manager - A&E Operations,
Yorkshire Ambulance Service NHS Trust

OCTOBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30	01 International Day of Older Persons	02	03	04 World Smile Day	05	06 World Cerebral Palsy Day
07 Dyslexia Awareness Week	08	09	10 World Mental Health Day World Sight Day: Make Vision Count	11 Coming Out Day	12 World Arthritis Day	13
14	15	16 Restart A Heart Day International Pronouns Day	17	18 World Menopause Day	19	20 Asexual Awareness Week
21	22 International Stammering Awareness Day	23	24	25	26 Intersex Awareness Day	27 National Mentoring Day
28	29	30	31 Halloween			



ASSOCIATION OF
AMBULANCE
CHIEF EXECUTIVES

ISLAMOPHOBIA
AWARENESS MONTH

LUNG CANCER

PROCEED WITH
PANCREATIC CANCER

NOVEMBER

2024



NOVEMBER

NOVEMBER 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
28	29	30	31	01	02	03
04	05 Guy Fawkes Night	06 STRESS AWARENESS DAY	07	08	09	10 REMEMBRANCE DAY Don't we forget Inter Faith Week
11 MAKE A NOISE ABOUT BULLYING	12	13 WORLD KINDNESS DAY HAPPY TRANS AWARENESS WEEK	14 WORLD DIABETES DAY	15	16 UK disability history month	17
18	19 international MEN'S DAY UK	20 TRANSGENDER DAY OF REMEMBRANCE WORLD COPD DAY	21	22	23	24
25	26	27	28 Thanksgiving DAY	29	30 St Andrew's Day	



- Days of religious significance in November:
- 01 Bandi Chor Divas (Release of Guru Hargobind), Sikh
All Saints Day, Christian
 - 02 All Soul's Day, Christian
Coronation of Haile Selassie, Rastafarian
Govardhan Puja, Hindu
Hindu/Gujarati New Year
 - 03 Bhai Dooj / Yama Dwitiya - Last day of Diwali, Hindu
 - 15 Birthday of Guru Nanak Dev Ji, Sikh
Kartik Purnima, Hindu
 - 16 Loy Krathong (Thai), Buddhist
 - 24 Martyrdom of Guru Tegh Bahadar, Sikh
 - 25 Baha'i day of celebration of the covenant of Baha'u'llah
 - 27 Ascension of Abdu'l-Baha, Bahá'í



Remembrance Sunday is a day to remember and honour those who served and sacrificed their lives for their country in wars and conflicts. It is a day to acknowledge the courage and contribution of the Armed Forces community, their families, the emergency services, and civilians who willingly give so much. Remembrance Sunday helps us to reflect on our history, our values, and our responsibility to work for a world where wars are replaced by peace. Many people will choose to wear poppies as a powerful symbol of remembrance and gratitude at this time.



Jordan Chapman
Chair, Armed Forces
Network for Remembrance
Sunday London Ambulance
Service NHS Trust



Days of religious significance in December:

- 01 Advent begins, Christian
- 06 St Nicholas Day, Christian
- 08 Bodhi Day, Buddhist
Immaculate conception of the blessed Virgin Mary, Christian
- 21 Yie
- 24 Advent ends, Christian
Christmas Eve, Christian
- 25 Christmas Day, Christian
Chanukah, Judaism
- 26 Hannukah, Judiasm
St Stephen's Day, Christian
Kwanzaa, African-American
Martyrdom of Sahibzada Zorawar Singh and Sahibzada Fateh Singh, Sikh



As 2024 draws to an end, we hope that you've found AACE's cultural calendar a helpful and informative way of enhancing understanding and awareness of the diversity that exists all around us within the UK, and amongst our people and our patients. I would like to take this opportunity to wish you all the very best for the coming year.



Daren Mochrie, QAM
Chair, AACE and
Chief Executive,
North West Ambulance
Service NHS Trust

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

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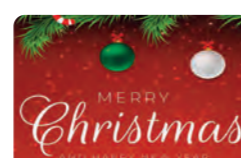


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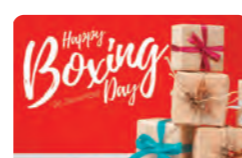
Bank Holiday (UK)

25



Bank Holiday (UK)

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